

The Brookfield Aging Well Team Presents

The Senior's Guide to Brookfield Community Resources



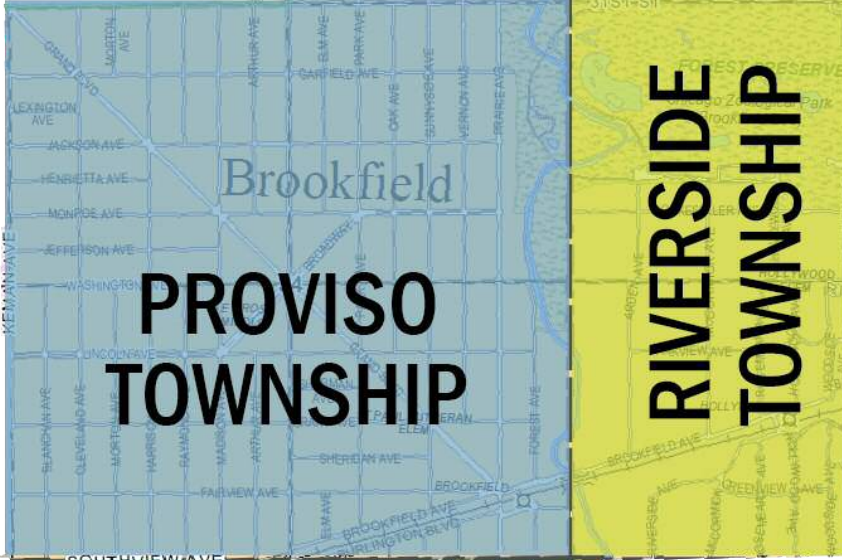
- **Services**
- **Transportation**
- **Events**

Printed February 2020

Township Boundaries

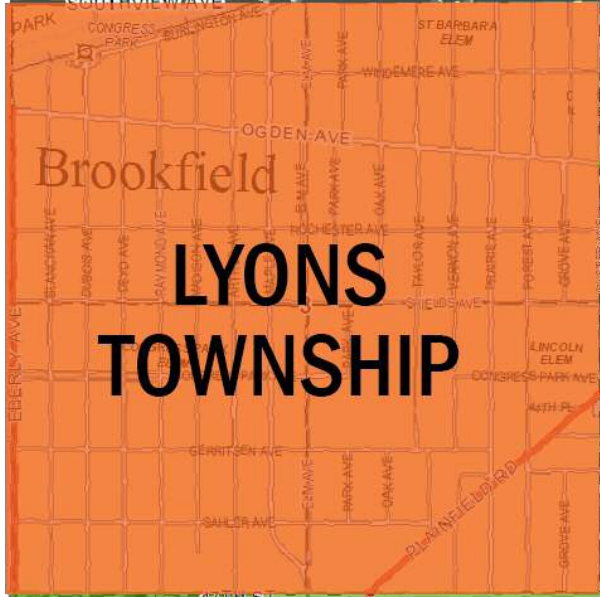
Proviso Township:

- West of Grove Ave.
- North of Southview Ave.



Riverside Township:

- East of Grove Ave. / 9th Ave.
- North of Southview Ave.



Lyons Township:

- South of Southview Ave.

Aging Care Connections

Aging Care Connections

111 W. Harris Ave, La Grange

Phone: 708-354-1323

info@agingcareconnections.org

www.agingcareconnections.org

Aging Care Connections is a private, not-for-profit organization dedicated to making a difference in the lives of older adults and their families through community-based services that promote dignity, self-respect and independence.

Aging Care Connections serves as the area's pre-eminent resource for senior services, including the following:

- Adult Protective Services
- Aging Well Neighborhood
- Benefits Assistance
- Caregiver Support
- Comprehensive Care Coordination
- Congregate Meals
- Grandparents Raising Grandchildren
- Information and Assistance
- Options Counseling
- Special-Diet Home-Delivered Meals
- Transitional Care

Aging Care Connections

is available to receive reports of abuse, neglect and exploitation of elders and the disabled

Adult Protective Services

24-hour Hotline:

866-354-1409

8:30AM—4:30PM

708-354-1323

Aging Well is a program of Aging Care Connections. The Brookfield Aging Well Team is made up of community members.



aging care
connections

Because Aging Well Matters

Services for Seniors

General Assistance

Aging Care Connections

- Information & referrals
- Benefits assistance
- SHIP (Senior Health Insurance Program) counseling site
- Adult Protective Services

CEDA- Community & Economic Development Association of Cook County

- Offers a range of support to low-income families.

Interfaith Community Partners

- Information & referrals
- AARP Driver Safety classes

People Care

- Information & referrals

Health & Medical

Aging Care Connections

- Comprehensive Care Coordination

Cantata

- Neighborhood Care
- Personal In-home Care
- Senior-friendly fitness center

Proviso Township

- Medical equipment lending
- Free blood pressure screenings

Proviso Township

- Benefit application
- Applications for reduced fare RTA cards and handicapped parking placards.
- Information & referrals
- SHIP (Senior Health Insurance Program) counseling site

Riverside Township

- Benefit application
- Applications for reduced fare RTA cards and handicapped parking placards.
- Information & referrals
- Aging Care Connections Community Resource Specialist available Monday, Wednesday and Thursday from 9-11AM

Township of Lyons

Information & referrals

Riverside Township

- Free blood pressure screenings on 1st Monday of the month
- Medical equipment lending
- Mental health services counseling

Township of Lyons

- Lyons Township Mental Health Commission

Where to go for assistance

Home Care

Cantata

- Take 2 homecare services
- Companion services
- Handyman service

Interfaith Community Partners

- Friendly visitation
- Well check phone calls
- Library Home Delivery

People Care

- Friendly socialization

Proviso Township

- Handyman Program

Income Tax Assistance Programs

Aging Care Connections
Brookfield Public Library
Proviso Township

Library Services

Brookfield Public Library

- Library Home Delivery
- Liaison to State Library
Talking Books Service
- Laptop computers and
Wi-Fi hotspots for home use
- Public copy and fax machines
- Museum Pass programs
- Book a Librarian appointments

Meal Programs

Aging Care Connections

- Congregate meals

Brookfield Colgrass Café/ Community Nutrition Network

- Congregate meals
- Meals on Wheels programs

Cantata

- Special-diet meal delivery

Notary

Brookfield Public Library
Hitzeman Funeral Home
Proviso Township
Village of Brookfield

Property Tax Assessment

Proviso Township
Riverside Township
Township of Lyons

Senior Housing

Cantata

- Independent Living
- Assisted Living
- Skilled Nursing

Township of Lyons

- Countryside Senior Apartments

Services for Seniors– Continued

Support Groups

Aging Care Connections

- Caregiver Support Groups
- Friday Morning Regulars
Men's Group
- Grandparents Raising
Grandchildren

Hitzeman Funeral Home

- Grief Support

Voter Registration

Brookfield Public Library

Village of Brookfield

Transportation

Aging Care Connections

- Administers a discounted taxi
cab voucher program

Interfaith Community Partners

- Provide free accompanied rides
to older adults in the Lyons
Township, south Proviso and
Riverside townships
**Extended service area
coming in 2020*

PeopleCare

- Free volunteer transportation
- Voucher taxi program
- Weekly co-op grocery shopping
in partnership with Cantata
- Services Brookfield, Riverside,
North Riverside, LaGrange Park,
La Grange, Lyons, and
Westchester

Proviso Township

- Free rides to Proviso Township
residents ages 60+ with
transportation to medical
facilities or other qualifying
locations in the township
**Not handicap accessible*

Regional Transportation Authority (Pace & Metra)

- Reduced fares for adults 65+
- Free fares to adults enrolled in
the State of Illinois' Benefit
Access Program
- Mobility Management program

Township of Lyons

- Free rides to Lyons Township
residents ages 60+ to locations
within the township
**Wheelchair accessible*

Events - Find out what's happening locally

Aging Care Connections

- Ongoing educational and health activities at Aging Care Connections and throughout Lyons, Riverside and Proviso Townships

Brookfield Colgrass Café

- 60+ Café with daily healthy meals and social activities
Open Monday–Friday, 9AM–2PM
Lunch is served daily at 11:30AM

Brookfield Chamber of Commerce

- Annual Senior Valentines Social in February
- Brookfield Famers Market
- Community events throughout the year

Brookfield Public Library

Offers a variety of classes and events for all ages including:

- Chair yoga for seniors
- Talks & lectures
- Movies
- Craft workshops
- Computer & technology classes

Social Groups

- Book Clubs
- Knitting & Crochet Club
- Genealogy Club

Cantata

- Best Life Breakfast Club
- Health and fitness classes
- Technology classes

Proviso Township

- Educational presentations
- Field trips

Riverside Brookfield Landmark

Your top source for local news and events. Check out the Big Week section to learn what's happening.

Riverside Township

- Exercise classes on Mondays & Wednesdays
**light lunch & socializing after class on 2nd Mondays*
- Thursday afternoon movies

Village of Brookfield

- Senior movies
- Cantata Presents series
- Dancing classes
- Yoga classes
- Summer Concert Series
- Summer Movies in the Park
- Special events

Social Groups

- Brookfield Art League
- Brookfield Garden Club
- Senior Social Club

Service Directory

Aging Care Connections

111 W. Harris Ave, La Grange
Phone: 708-354-1323
www.agingcareconnections.org

Brookfield Chamber of Commerce

Phone: 708-268-8080
www.brookfieldchamber.net

Brookfield Colgrass Café/ Community Nutrition Network Brookfield Elks Lodge

9022 31st Street, Brookfield
Phone: 708-310-4434
cnssa.org/60-cafes/brookfield

Brookfield Public Library

3609 Grand Blvd, Brookfield
Phone: 708-485-6917
www.brookfieldlibrary.info

Cantata Adult Life Services

8700 West 31st St, Brookfield
Phone: 708-485-2047
www.cantata.org
www.cantatahomeservices.org

Community & Economic Development Association of Cook County (CEDA)

Phone: (312) 782-2332
www.cedaorg.net

Hitzeman Funeral Home

9445 West 31st St, Brookfield
Phone: 708-485-2000
www.hitzemanfuneral.com

Interfaith Community Partners

Phone: 708-354-9328
interfaithcommunitypartners.org

People Care

Phone: 708-442-1223
www.peoplecareinc.org

Proviso Township

4565 Harrison St, Hillside
Phone: 708 449-4307
www.provisotownship.com

Regional Transportation Authority (RTA)

Phone: 312-913-3110
www.rtachicago.org

Riverside-Brookfield Landmark

Phone: 708-442-6739
www.rblandmark.com

Riverside Township

27 Riverside Rd, Riverside
Phone: 708-442-4400
www.riversidetownship.org

Township of Lyons

6004 Joliet Rd, Countryside
Phone: 708-482-8300
www.lyonstownshopil.gov

Village of Brookfield Recreation Department

8820 Brookfield Ave, Brookfield
Phone: 708-485-1527
www.brookfieldil.gov